



PLOUGH
ITCHEN ABBAS

Starters

<i>Mixed olives.</i>	£2.50
<i>Crusty bread, butter, olive oil and balsamic</i>	£2.95
<i>Garlic ciabatta bread</i>	£2.95
<i>Soup of the day served with crusty bread</i>	£5.50
<i>Chicken Caesar salad, cos lettuce, Caesar dressing, parmesan, garlic croutons</i>	£6.50
<i>Smoked salmon, piccalilli, caper and local watercress, lemon dressing</i>	£5.95
<i>Deep fried breaded whitebait, garlic mayonnaise, mixed leaf salad</i>	£6.50
<i>Crispy duck pancakes, cucumber and spring onion, hoi sin</i>	£6.95
<i>Beetroot, pickled carrot, rocket and feta salad, balsamic dressing</i>	£5.95
<i>Fresh Dorset crab and crayfish tian, sauce vierge, micro herbs</i>	£7.95
<i>Main courses overleaf...</i>	

Mains

The Plough's Sunday Roast

Somerset topside of beef £12.95

Pork loin £11.95

Welsh leg of lamb £11.95

All served with roast potatoes, Yorkshire pudding, seasonal vegetables and gravy

French garden herb marinated chicken, Israeli couscous, cherry vine tomatoes, mint and cucumber yogurt £10.95

Fish and chips, battered in our own beer batter served with chips, mushy peas and homemade tartare sauce. £11.95

Salmon and cod fishcakes, sweet chilli sauce, house salad and French fries £11.95

Homemade beef burger, fresh tomato and pickle in a brioche bun served with French fries and tomato relish £10.95

(Add cheddar or bacon for 75p each)

Pan fried bream fillet, buttered new potatoes, samphire, saffron cream sauce £13.95

Penne pasta, sun dried tomatoes, wild mushroom and blue cheese creamy sauce topped with rocket and parmesan salad and truffle oil £11.95

Honey roast ham, chunky chips, brace of eggs £10.95

If you have any food allergies please do let us know

Side Orders

Fresh market vegetables £3.00

French fries. £3.00

Chunky chips. £3.00

Mixed leaf salad. £3.00

Rocket and parmesan salad. £3.00

