

# - LUNCHTIME MENU -

If you or any of your group have an allergy or intolerance, please notify a member of our team when ordering your food.  
v-vegetarian//ve-vegan//gf-glutenfree//gfa-gluten free available

## To Share

Mixed olives - £4.50 (v,ve,gf)

Crusty warm bread, butter, olive oil, balsamic, hummus - £5.00 (v,gfa)

Garlic ciabatta bread - £5.00 (v)

## Starters

Soup of the day, warm crusty bread and butter - £7.50 (v,gfa)

Smoked salmon, crayfish and dill pate, capers, Alresford watercress, toasted granary bread - £9.00 (gfa)

Grilled halloumi, avocado and tomato salad, garlic croutons, basil and lime dressing - £8.50 (v)

Breaded whitebait, garlic aioli, dressed leaf salad - £8.00

Chicken satay skewers, satay sauce - £9.50 (gf)

Ham hock, chive and cornichon terrine, toasted sour dough, piccalilli, dressed leaves - £8.50 (gfa)

## Plough Classics

Fish and chips, Cod battered in our own beer batter, chunky chips, mushy peas and tartar sauce - £17.00

Beef burger, baby gem, fresh tomato and pickles in a toasted pretzel bun, tomato relish and French fries - £15  
Add cheddar, bacon or blue cheese £1 each

Chicken and chorizo pie, creamy mashed potatoes, fresh seasonal vegetables and gravy - £16.50

## Main Dishes

Pan fried hake supreme, saffron, sun dried tomato and Old Winchester cheese risotto, samphire, - £22 (gf)

Burrata, rocket pesto, Isle Of Wight tomatoes and rocket salad, aged balsamic and garlic bread £17 (v)

Confit duck leg, fine herb mashed potatoes, buttered rainbow chard, redcurrent jus - £19.00 (gf)

28 day dry aged 8oz Sirloin steak, field mushroom, roasted plum tomatoes, watercress, French fries - £25 (gfa)

Add a blue cheese or peppercorn sauce for £2

Fresh egg tagliatelle arrabbiata, tomato, garlic, chilli and fresh basil, dressed rocket and parmesan - £16 (v)

## Side Orders - £4

French Fries / Chunky Chips / New Potatoes / Mixed Leaf Salad / Seasonal Vegetables

## Sandwiches

Our sandwiches are served on granary bread with salad and coleslaw - £8.50

Mature Cheddar & pickle

Smoked salmon, watercress & piccalilli

Bacon & brie

Smith's sausages, red onion marmalade

Roast beef and horseradish

\*A discretionary 12.5% service charge will be added to tables of 6 and above



THE  
**PLOUGH**  
— ITCHEEN ABBAS —